

**SHELTON ATHLETIC CLUB
TANNING RELEASE AND WAIVER**

Member Name _____ Date of Birth _____
Address _____ (MM/DD/YYYY)
_____ Email _____
Phone Number _____

Do you have any allergies to sunlight or other UV Exposure? ☐ YES ☐ NO

Does your skin have a tendency to burn when exposed to sunlight or other UV exposure? ☐ YES ☐ NO

Are you taking any medications? ☐ YES ☐ NO

If you marked yes, have you spoken with your health care provider about the medication to determine if you are at an increased risk of harmful side effects from sunlight or other UV exposure? ☐ YES ☐ NO

Do you use cosmetics, lotions or other skin care products? ☐ YES ☐ NO

If so have you checked to determine whether increase your skin's sensitivity to sunlight or other UV exposure? ☐ YES ☐ NO

Have you ever had a severe sunburn from tanning or other UV exposure? ☐ YES ☐ NO

Have you been advised by a health care provider to stay out of the sun or avoid UV exposure or tanning beds? ☐ YES ☐ NO

If so why? _____

**PLEASE READ THE FOLLOWING INFORMATION AND ACKNOWLEDGE THAT YOU UNDERSTAND AND
ACCEPT ALL PROVISIONS BY SIGNING BELOW.**

It is the Shelton Athletic Club's ("SAC") intention is to keep you, the Member identified on this form in the Member Name line above ("you" or "your"), as well informed about tanning as possible. This means informing you about some of the health risks involved, and how to safely operate the _____ located at the SAC ("SAC Tanning Equipment"). The proper procedure to follow when you use the SAC Tanning Equipment will be explained by a member of our staff when you enter the tanning room at the SAC. If this does not occur or you have any questions about using the SAC Tanning Equipment, you should ask a SAC staff member to answer them before using the SAC Tanning Equipment.

INFORMATION YOU NEED TO KNOW ABOUT USING THE SAC TANNING EQUIPMENT

1. CONSULT WITH PHYSICIAN FIRST. Before using the SAC Tanning Equipment you should consult with a physician to let them know you wish to use tanning equipment and to discuss the impact that UV Rays can have on your health and your chance of getting skin cancer. You should also discuss with a physician whether any medications you are taking or cosmetics, lotions or other skin care products you use will increase your skin's sensitivity to UV Rays and sunlight.

2. AVOID OVEREXPOSURE. As with natural sunlight, using SAC Tanning Equipment will increase your chance of getting skin cancer, eye and skin injury or allergic reactions. Repeated exposure has been proven to cause photoaging of the skin, dryness, wrinkling, and skin cancer. You should not use the SAC Equipment if you are pregnant or seeking to become pregnant. If you are going to use the SAC Tanning Equipment, we recommend that you avoid exposure to natural sunlight on days that you are using SAC Tanning Equipment. If you currently have a sunburn or have tanned or been exposed to natural sunlight in the past 24 hours, you should not use the SAC Tanning Equipment until your medical provider has authorized you to use the SAC Tanning Equipment.

3. CHECK YOUR MEDICATIONS AND SKIN PRODUCTS. Medications, lotions, and other products may cause your skin to be more sensitive to UV Rays. Speak with your medical provider about any medications, lotions, and products you use before using the SAC Tanning Equipment.

4. WEAR PROTECTIVE EYEWEAR. You are required to wear protective eyewear approved by the SAC in order to use SAC Tanning Equipment. Your failure to wear protective eyewear may result in severe burns or long-term injury to the eyes.

5. AGE LIMITATION. No one under the age of 18 is allowed to use any SAC tanning equipment.

6. TANNING EXPECTATION. If you are unable to naturally develop a tan outdoors, you are unlikely to develop a tan using one of the SAC tanning beds.

7. I HEREBY GIVE PERMISSION TO SAC AND/OR ANY PERSON ACTING ON ITS BEHALF TO AUTHORIZE MEDICAL TREATMENT for myself in the event of a medical emergency.

By signing below, you are agreeing to the following:

I am the Member of the SAC identified on this Waiver and have completed the form and answered the questions truthfully and to the best of my knowledge and am 18 years of age or older. I have read and understand all the information provided in the **INFORMATION YOU NEED TO KNOW ABOUT USING THE SAC TANNING EQUIPMENT** portion of this Waiver and have answered the questions on this form truthfully and understand and expressly agree that use of the SAC Tanning Equipment involves risks to my health. I understand that these risks are inherent in using SAC Tanning Equipment and my use of the SAC Tanning Equipment can result in minor injuries or cause long term disease and illness that can cause blindness and even death. I understand that before using the SAC Tanning Equipment, I should speak with a physician of my choosing to ensure that I understand the risks to my health and fitness caused by using the SAC Tanning Equipment. I am not aware of any medical condition, a product or medicine I use or of advice from my medical provider or other reason that I should not use the SAC Tanning Equipment. I have been given adequate instructions for the proper use of the SAC Tanning Equipment and have no questions regarding the use of the SAC Tanning Equipment and will follow all of the SAC's rules relating thereto. No representation, warranty, guarantee, or other assurance has been made to me covering the results of the tanning process. I understand the risks involved and have chosen to use the SAC Tanning Equipment and assume all risks including those mentioned in this Waiver. IT IS EXPRESSLY AGREED THAT ANY AND ALL USE OF THE SAC TANNING EQUIPMENT SHALL BE UNDERTAKEN BY ME AT MY SOLE RISK AND THE SAC SHALL NOT BE LIABLE FOR THE INJURY OR DAMAGES TO ME OR BE LIABLE FOR THE INJURY OR DAMAGES TO MY PROPERTY. ON BEHALF OF MYSELF AND MY EXECUTORS, ADMINISTRATORS, SUCCESSORS, AND ASSIGNS, I DO HEREBY EXPRESSLY FOREVER RELEASE AND DISCHARGE THE SAC, ITS SUCCESSORS AND ASSIGNS, AS WELL AS ITS OFFICERS, AGENTS, AND EMPLOYEES FROM ALL CLAIMS, DEMANDS, INJURIES, DAMAGES OR CAUSE OF ACTIONS AND ALL CLAIMS FOR RELIEF, AND AGREE TO SAVE, INDEMNIFY, AND HOLD HARMLESS THE SAC, ITS OFFICERS, AGENTS, AND EMPLOYEES, FROM ALL COSTS, LOSS, EXPENSE AND/OR DAMAGE ARISING OUT OF OR IN CONNECTION WITH MY USE OF THE SAC TANNING EQUIPMENT AND THIS WAIVER INCLUDING ANY REASONABLE ATTORNEYS' FEES AND COSTS.

Customer Signature

Date

Printed Name of Customer

Customer's Date of Birth